

New Brunswick Women and Health

Physical Activity and Obesity

Percentage of 20–34 year old females who are moderately active or active, 2008	51%
Percentage of 20–34 year old males who are moderately active or active, 2008	55%
Percentage of 45–64 year old females who are moderately active or active, 2008	43%
Percentage of 45–64 year old males who are moderately active or active, 2008	45%
% of women aged 18 years & over who are overweight or obese (severely overweight), 2008	53%
% of men aged 18 years & over who are overweight or obese (severely overweight), 2008	69%

Reproductive Health

Percentage of total births by caesarean section, 2008/09	28%
Percentage of mothers who initiated breastfeeding, 2008	75%
% of mothers who breastfed exclusively for at least 6 months, 2008	23% (E)
Hysterectomy rate, 20 yrs & over, 2007/08	438 / 100,000 women 20 yrs+
Abortion rate, 15–44 year olds, 2005	6.1 / 1,000 females 15–44 yrs
Genital chlamydia rates, 20–29 year old females, 2008	1,236/100,000 females 20–29 yrs
Genital chlamydia rates, 20–29 year old males, 2008	546 / 100,000 males 20–29 yrs

Mental Health and Addictions

Number of 25–54 year old females who visited mental health centres for depressive symptoms, 2008/09	1,462
Number of 25–54 year old males who visited mental health centres for depressive symptoms, 2008/09	914
Number of women, 20 yrs & over, treated in addictions services programs, 2008/09 (including outpatient counselling)	1,527
Number of men, 20 yrs & over, treated in addictions services programs, 2008/09 (including outpatient counselling)	3,170

Causes of Death

Percentage of deaths from cancer, women of all ages, 2007	27%
Percentage of deaths from cancer, men of all ages, 2007	30%
Percentage of deaths from heart & cerebrovascular diseases, women of all ages, 2007	27%
Percentage of deaths from heart & cerebrovascular diseases, men of all ages, 2007	25%



For sources and more statistics, see the *Status Report 2010 – Women in N.B.*, published by the N.B. Advisory Council on the Status of Women, 236 King St., Fredericton, N.B. E3B 1E2, 506 444-4101, 1-800-332-3087 acswwccf@gnb.ca www.acswwccf.nb.ca