



**Department of Justice and Public Safety**  
**Adult Custody Services**

Policy: **Restraint Equipment D30**  
Effective: January 2009  
Revised: December 2022

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**MISSION STATEMENT**

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Adult Custody Services is committed to providing professional practices that respect human rights and ensure safety for all. To be successful we will deliver fair practices, incorporate transparent policies and procedures, ensure independent quality assurance processes, and provide program access that allows for educational, cultural, traditional, and faith-based services as well as mental wellness and community re-entry assistance.

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**PURPOSE**

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To establish procedural standards for the duties of the Superintendent of an Adult Custody institution and Adult Custody staff in restraint equipment use.

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**LEGISLATIVE AUTHORITY**

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[NB Corrections Act](#)

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**SCOPE**

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This policy applies to all employees of the Adult Custody Services division of the Department of Justice and Public Safety.

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**POLICY GUIDELINES**

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Restraint equipment is meant to prevent Clients from escaping, causing injury or damage, either to themselves, other persons, or property. Restraints are a temporary control measure only and are never to be used as a method of punishment and only when all other interventions are deemed ineffective.

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**PROCEDURE**

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**Definitions**

Restraint Equipment includes:

- Any article which is used to manage and control an individual to protect themselves, others and property from damage or injury.

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**Superintendent Identifies Uses**

The Superintendent will identify those circumstances where restraint equipment may be used by staff.

Clients will not be held in any form of restraint longer than necessary.

**Restraint Equipment use**

Standard level one restraint equipment will normally not be required for Low Security clients when involved with off grounds activities such as but not limited to:

- Facility transfers,
- OPD medical treatment,
- Medical and dental appointments.

Level one restraint equipment may be required for Low or Medium Security clients when behaviour or information indicates that the client presents a security or safety risk. In cases of this nature the rationale for the restraint requirement is to be documented in an incident report.

Level one restraint equipment will normally be required for High Security clients when involved with all off grounds activities. If the High Security client is involved with off grounds activities without the use of Leg Shackles, or Handcuffs and Leg Shackles an incident report is to be forwarded stating the rationale of the exemption.

Handcuffs and Leg Shackles are to be used for the transportation of clients to Secure Intervention Unit (SIU/Segregation).

**SIU Restraint Levels**

A client presenting a level of risk for self harm when placed in SIU may require varying levels of restraint to eliminate the possibility of continuing self harm.

All applications of restraints are to be subject to immediate quality assurance checks by the Sergeant to ensure the proper application. Additional quality assurance checks are required for the third level restraint equipment application

Any time restraints are placed on a client placed in SIU or presenting a risk of self harm medical services staff are to be engaged and provide regular updated assessments.

**Unit**

If restraints are required for the movement of a client to a wet cell on a unit, Level one restrain equipment (Handcuffs) are to be used. The Handcuffs are to be removed as soon as possible.

**Client Search**

When applying restraint equipment:

- Advise the Sergeant of the need to apply restraints.
- Ensure where possible that two Adult Custody Staff are present.
- A thorough and systematic frisk search is to be conducted upon the completion of the restraint equipment application.



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- Should contraband be found, or injuries identified, the information is to be documented via the Incident Report form.

**Inspect and Count**

A designated Adult Custody Officer will:

- Inspect and count restraint equipment at shift change.
- Report any deficiencies to the Sergeant.

**Secure Storage**

Restraint equipment is to be stored in a secure, locked area. This area is to be easily accessible to Adult Custody Staff in emergency situations.

**Physically Disabled or Injured**

Regarding physically disabled or injured Client's restraint equipment is to be used in a manner that does not aggravate the injury or disability.

**Medical Review**

Clients receiving injuries from restraint equipment are to be seen by Medical Services as soon as possible. Injuries are to be recorded via video recorder. Should the injuries be serious in nature and Medical Services staff unavailable, the Client shall be transported to Emergency OPD for appropriate treatment.

**Documentation**

Any use of restraint equipment (other than during a normal escort) is to be recorded via an Incident Report noting the following:

- Reason for restraint application.
- Duration of restraint application.
- Notation of any injuries or complications.

**Video Recording**

Any application of restraint equipment that is applied in relation to a cell extraction or offender control is to be video recorded.

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**RELATED POLICY**

- D15 Searches
- D18 Client Escorts
- D19 Hospital Supervision
- D20 Emergencies
- D27 SIU / Segregation
- D29 Use of Force
- D33 Video recording



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D50 Incident Reports  
G13 Admission to Segregation  
Adult Institutional Policy Manual NB